

## Grades K-8 Breakfast Menu

August, 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7	8	9	10	11
<b>MUFFIN</b>  Fruit Juice Assorted Fruit	<b>SAUSAGE AND BISCUIT</b>  Fruit Juice Assorted Fruit	<b>FRENCH TOAST W/ LITTLE SMOKIES</b>  Fruit Juice Assorted Fruit	<b>CHICKEN &amp; BISCUIT</b>  Fruit Juice Assorted Fruit	<b>WAFFLES</b>  Fruit Juice Assorted Fruit
14	15	16	17	18
<b>CINNAMON BREAKFAST ROLL</b>  Fruit Juice Assorted Fruit	<b>PANCAKE SAUSAGE WRAP</b>  Fruit Juice Assorted Fruit	<b>FRENCH TOAST W/ LITTLE SMOKIES</b>  Fruit Juice Assorted Fruit	<b>CHICKEN &amp; BISCUIT</b>  Fruit Juice Assorted Fruit	<b>EGG &amp; CHEESE SANDWICH</b>  Fruit Juice Assorted Fruit
21	22	23	24	25
<b>MUFFIN</b>  Fruit Juice Assorted Fruit	<b>SAUSAGE AND BISCUIT</b>  Fruit Juice Assorted Fruit	<b>FRENCH TOAST W/ LITTLE SMOKIES</b>  Fruit Juice Assorted Fruit	<b>CHICKEN AND BISCUIT</b>  Fruit Juice Assorted Fruit	<b>PANCAKES</b>  Fruit Juice Assorted Fruit
28	29	30	31	
<b>CINNAMON BREAKFAST ROLL</b>  Fruit Juice Assorted Fruit	<b>PANCAKE SAUSAGE WRAP</b>  Fruit Juice Assorted Fruit	<b>FRENCH TOAST W/ LITTLE SMOKIES</b>  Fruit Juice Assorted Fruit	<b>CHICKEN AND BISCUIT</b>  Fruit Juice Assorted Fruit	<b>EGG &amp; CHEESE SANDWICH</b>

An Assortment of Cereals, Whole Grain Toast, Yogurt, String Cheese, Graham Crackers, Pop-tarts, Granola Bars, etc. are available. Selections may vary each day.

A school breakfast includes 4 items. To obtain the meal pricing, students must choose at least 3 items. One item selected must be either a vegetable or fruit. Otherwise, a la carte pricing will apply on food items sold.



**Student meal includes:**  
 Choose 2 Grains or  
 1 Grain and 1 Meat  
 Choose 1-2 Fruits  
 Choose 1 Milk

A variety of fat free and low fat milk served daily; Lactose free milk available upon request

Menu subject to change based on availability.

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This institution is an equal opportunity provider and employer.

## Grades 9-12 Breakfast Menu

**AUGUST, 2017**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7	8	9	10	11
<b>Egg &amp; Cheese Sandwich</b> <b>Waffles</b>  Fruit Juice Assorted Fruit	<b>Breakfast Chicken Sandwich</b> <b>FRENCH TOAST W/ LITTLE SMOKIES</b>  Fruit Juice Assorted Fruit	<b>Sausage &amp; Biscuit</b> <b>Breakfast Cinnamon Roll</b>  Fruit Juice Assorted Fruit	<b>CHICKEN &amp; BISCUIT</b> <b>Pancake Sausage Wrap</b> <b>HASH BROWN POTATOES</b>  Fruit Juice Assorted Fruit	<b>BREAKFAST BURRITO</b> <b>BREAKFAST PASTRY/GRAIN</b>  Fruit Juice Assorted Fruit
14	15	16	17	18
<b>Egg &amp; Cheese Sandwich</b> <b>Waffles</b>  Fruit Juice Assorted Fruit	<b>Breakfast Chicken Sandwich</b> <b>FRENCH TOAST W/ LITTLE SMOKIES</b>  Fruit Juice Assorted Fruit	<b>Sausage &amp; Biscuit</b> <b>Breakfast Cinnamon Roll</b>  Fruit Juice Assorted Fruit	<b>CHICKEN &amp; BISCUIT</b> <b>Pancake Sausage Wrap</b> <b>HASH BROWN POTATOES</b>  Fruit Juice Assorted Fruit	<b>BREAKFAST BURRITO</b> <b>BREAKFAST PASTRY/GRAIN</b>  Fruit Juice Assorted Fruit
21	22	23	24	25
<b>Egg &amp; Cheese Sandwich</b> <b>Waffles</b>  Fruit Juice Assorted Fruit	<b>Breakfast Chicken Sandwich</b> <b>FRENCH TOAST W/ LITTLE SMOKIES</b>  Fruit Juice Assorted Fruit	<b>Sausage &amp; Biscuit</b> <b>Breakfast Cinnamon Roll</b>  Fruit Juice Assorted Fruit	<b>CHICKEN &amp; BISCUIT</b> <b>Pancake Sausage Wrap</b> <b>HASH BROWN POTATOES</b>  Fruit Juice Assorted Fruit	<b>BREAKFAST BURRITO</b> <b>BREAKFAST PASTRY/GRAIN</b>  Fruit Juice Assorted Fruit
28	29	30	31	
<b>Egg &amp; Cheese Sandwich</b> <b>Waffles</b>  Fruit Juice Assorted Fruit	<b>Breakfast Chicken Sandwich</b> <b>FRENCH TOAST W/ LITTLE SMOKIES</b>  Fruit Juice Assorted Fruit	<b>Sausage &amp; Biscuit</b> <b>Breakfast Cinnamon Roll</b>  Fruit Juice Assorted Fruit	<b>CHICKEN &amp; BISCUIT</b> <b>Pancake Sausage Wrap</b> <b>HASH BROWN POTATOES</b>  Fruit Juice Assorted Fruit	<b>BREAKFAST BURRITO</b> <b>BREAKFAST PASTRY/GRAIN</b>  Fruit Juice Assorted Fruit

An Assortment of Muffins, Cereals, Whole Grain Toast, Yogurt, String Cheese, Graham Crackers, Pop-tarts, Granola Bars, etc. are available. Selections may vary each day.

A school breakfast includes 4 items. To obtain the meal pricing, students must choose at least 3 items. One item selected must be either a vegetable or fruit. Otherwise, a la carte pricing will apply on food items sold.



**Student meal includes:**  
 Choose 2 Grains or  
 1 Grain and 1 Meat  
 Choose 1-2 Fruits  
 Choose 1 Milk

A variety of fat free and low fat milk served daily; Lactose free milk available upon request

Menu subject to change based on availability.

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**SCHOOL LUNCH MENU**  
**AUGUST, 2017 GRADES K-8**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7	8	9	10	11
HAMBURGER/CHEESEBURGER  BAKED FRIES SEASONED CARROTS	BREADED CHICKEN SANDWICH  BAKED BEANS STEAMED BROCCOLI	HOT DOG ON BUN BEEF AND BEAN BURRITO  WHOLE KERNEL CORN FRESH GARDEN SALAD	SPAGHETTI W/ MEATSAUCE/ BREADSTICK  SEASONED GREEN BEANS FRESH GARDEN SALAD	PIZZA / CHEESE PIZZA  MIXED VEGETABLES FRESH VEGGIE PICK UPS W/ DIP
14	15	16	17	18
POPCORN CHICKEN W/ ROLL MEATBALL SUB  WHIPPED POTATOES GREEN PEAS	BBQ SANDWICH FISH STICKS OR STRIPS W/ROLL  SEASONED GREEN BEANS FRESH VEGGIE PICK UPS W/ DIP	TACO BAR  PINTO BEANS FRESH VEGGIE PICK UPS W/ DIP	CORN DOG  SEASONED CARROTS FRESH GARDEN SALAD	PIZZA / CHEESE PIZZA DELI SANDWICH  CORN ON THE COB FRESH GARDEN SALAD
21	22	23	24	25
CHICKEN BITES W/ ROLL  BAKED BEANS STEAMED BROCCOLI	CRISPITO W/CHILI  WHOLE KERNEL CORN SEASONED CARROTS	CHICKEN NACHOS  SEASONED GREEN BEANS FRESH GARDEN SALAD	CHICKEN ALFREDO PASTA/ROLL FISH SANDWICH  STIR FRY VEGETABLES FRESH GARDEN SALAD	PIZZA / CHEESE PIZZA DELI SANDWICH  BAKED FRIES FRESH VEGGIE PICK UPS W/ DIP
28	29	30	31	
CORN DOG NUGGETS BREADED CHEESE STICK W/DIP  BAKED BEANS CALIFORNIA VEGETABLES	BREADED CHICKEN SANDWICH  WHOLE KERNEL CORN SEASONED GREEN BEANS	NACHO SUPREME CHICKEN FAJITA WRAP  STEAMED BROCCOLI FRESH GARDEN SALAD	CHICKEN N' WAFFLES HOT HAM & CHEESE SANDWICH  OVEN BAKED POTATOES FRESH GARDEN SALAD	PIZZA / CHEESE PIZZA  FRESH GARDEN SALAD

**AVAILABLE DAILY:**

A variety of fat free and low fat milk; Lactose free milk available upon request

**An Assortment of Fresh Fruit and Chilled Fruit Cups**

**Grab and Go Meals** offered daily such as Finger Delights, Deli Combo, Pre-made Salads and Yogurt Blast. Selections may vary each day.

A variety of a la carte items are available for purchase

Menu subject to change based on availability

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A school lunch includes 5 different food components (items). To obtain the meal pricing, students must choose at least 3 of the 5 components. One item selected must be either a vegetable or fruit.

Student meal includes:  
 Choose 1 Entrée  
 Choose 1 Grain (if not included with entrée')

## Grades 9-12 Lunch Menu

**AUGUST, 2017**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7	8	9	10	11
Chicken Bites w/ Roll Hamburger or Cheeseburger  Oven Baked Potatoes Seasoned Carrots Baby Carrots w/ Dip Romaine Garden Salad	Breaded Cheese Sticks w/ Marinara Hot Dog on Bun  Pinto Beans California Blend Vegetables Veggies w/ Dip Romaine Garden Salad	Fish Sandwich Crispito w/ Chili  Oven Baked Potatoes Broccoli Baby Carrots w / Dip Romaine Garden Salad	Spaghetti w / Meatsauce w / Breadstick Calzone  Corn Green Beans Veggies w / Dip Romaine Garden Salad	Pizza Deli Sandwich  Oven Baked Potatoes  Veggies w / Dip Romaine Garden Salad
14	15	16	17	18
Popcorn Chicken w/ Roll Meatball Sub  Whipped Potatoes Green Peas Baby Carrots w / Dip Romaine Garden Salad	Barbecue Sandwich Fish Strips w/Hushpuppies  Baked Beans Broccoli Veggies w/ Dip Romaine Garden Salad	Bacon Cheeseburger Corn Dog  Oven Baked Potatoes Seasoned Green Beans Baby Carrots w / Dip Romaine Garden Salad	Beef or Chicken Tacos on Hard or Soft shells w/ Rice  Corn on Cob Pinto Beans Baby Carrots w/ Dip Romaine Garden Salad	Pizza Deli Sandwich  Oven Baked Potatoes  Veggies w/ Dip Romaine Garden Salad

### GRAB AND GO

(Daily selections may include)

Fresh Salads Pizza	Hamburger Combo Meals Chicken Sandwiches	Fresh Veggies Variety of Fruits	Chicken Tenders or Bites Deli Hoagies / Wraps	Fish Combo Meals Much, Much More
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#### Daily Offerings

Variety of fat free and low fat milk. Lactose free milk available upon request.  
 Assortment of Fresh Fruit and Chilled Fruit Cups.



A school lunch includes 5 different food components (items). To obtain the meal pricing, students must choose at least 3 of the 5 components. One item selected must be either a vegetable or fruit. Otherwise, a la carte pricing will apply on food items sold.

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