

**Grades K-8 Breakfast Menu  
September, 2017**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				<b>BREAKFAST BURRITO</b>  Fruit Juice Assorted Fruit
4	5	6	7	8
<b>Labor Day Holiday NO SCHOOL</b>	<b>SAUSAGE BISCUIT</b>  Fruit Juice Assorted Fruit	<b>FRENCH TOAST W/SMOKIES</b>  Fruit Juice Assorted Fruit	<b>CHICKEN &amp; BISCUIT</b>  Fruit Juice Assorted Fruit	<b>BREAKFAST PASTRY/GRAIN</b>  Fruit Juice Assorted Fruit
11	12	13	14	15
<b>MUFFIN</b>  Fruit Juice Assorted Fruit	<b>PANCAKE SAUSAGE WRAP</b>  Fruit Juice Assorted Fruit	<b>FRENCH TOAST W/SMOKIES</b>  Fruit Juice Assorted Fruit	<b>CHICKEN &amp; BISCUIT</b>  Fruit Juice Assorted Fruit	<b>PROF. DEV. DAY NO SCHOOL</b>
18	19	20	21	22
<b>BREAKFAST PASTRY/GRAIN</b>  Fruit Juice Assorted Fruit	<b>SAUSAGE BISCUIT</b>  Fruit Juice Assorted Fruit	<b>FRENCH TOAST W/SMOKIES</b>  Fruit Juice Assorted Fruit	<b>CHICKEN &amp; BISCUIT</b>  Fruit Juice Assorted Fruit	<b>BREAKFAST BURRITO</b>  Fruit Juice Assorted Fruit
25	26	27	28	29
<b>Egg &amp; Cheese Sandwich</b>  Fruit Juice Assorted Fruit	<b>PANCAKE SAUSAGE WRAP</b>  Fruit Juice Assorted Fruit	<b>FRENCH TOAST W/SMOKIES</b>  Fruit Juice Assorted Fruit	<b>CHICKEN &amp; BISCUIT</b>  Fruit Juice Assorted Fruit	<b>BREAKFAST PASTRY/GRAIN</b>  Fruit Juice Assorted Fruit

An Assortment of Muffins, Cereals, Whole Grain Toast, Yogurt, String Cheese, Graham Crackers, Pop-tarts, Granola Bars, etc. are available. Selections may vary each day.

A school breakfast includes 4 items. To obtain the meal pricing, students must choose at least 3 items. One item selected must be either a vegetable or fruit. Otherwise, a la carte pricing will apply on food items sold.



**Student meal includes:**  
Choose 2 Grains or  
1 Grain and 1 Meat  
Choose 1-2 Fruits  
Choose 1 Milk

A variety of fat free and low fat milk served daily; Lactose free milk available upon request

Menu subject to change based on availability.

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This institution is an equal opportunity provider and employer.

## Grades 9-12 Breakfast Menu

September, 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				2
				3
4	5	6	7	8
Labor Day Holiday NO SCHOOL	Breakfast Chicken Sandwich FRENCH TOAST W/ SMOKIES  Fruit Juice Assorted Fruit	Sausage & Biscuit Breakfast Cinnamon Roll  Fruit Juice Assorted Fruit	CHICKEN & BISCUIT Pancake Sausage Wrap HASH BROWN POTATOES  Fruit Juice Assorted Fruit	BREAKFAST BURRITO BREAKFAST PASTRY/GRAIN  Fruit Juice Assorted Fruit
11	12	13	14	15
Egg & Cheese Sandwich Breakfast Pizza  Fruit Juice Assorted Fruit	Breakfast Chicken Sandwich FRENCH TOAST W/ LITTLE SMOKIES  Fruit Juice Assorted Fruit	Sausage & Biscuit Breakfast Cinnamon Roll  Fruit Juice Assorted Fruit	CHICKEN & BISCUIT Pancake Sausage Wrap HASH BROWN POTATOES  Fruit Juice Assorted Fruit	BREAKFAST BURRITO BREAKFAST PASTRY/GRAIN  Fruit Juice Assorted Fruit
18	19	20	21	22
Egg & Cheese Sandwich Breakfast Pizza  Fruit Juice Assorted Fruit	Breakfast Chicken Sandwich FRENCH TOAST W/ LITTLE SMOKIES  Fruit Juice Assorted Fruit	Sausage & Biscuit Breakfast Cinnamon Roll  Fruit Juice Assorted Fruit	CHICKEN & BISCUIT Pancake Sausage Wrap HASH BROWN POTATOES  Fruit Juice Assorted Fruit	BREAKFAST BURRITO BREAKFAST PASTRY/GRAIN  Fruit Juice Assorted Fruit
25	26	27	28	29
Egg & Cheese Sandwich Breakfast Pizza  Fruit Juice Assorted Fruit	Breakfast Chicken Sandwich FRENCH TOAST W/ LITTLE SMOKIES  Fruit Juice Assorted Fruit	Sausage & Biscuit Breakfast Cinnamon Roll  Fruit Juice Assorted Fruit	CHICKEN & BISCUIT Pancake Sausage Wrap HASH BROWN POTATOES  Fruit Juice Assorted Fruit	BREAKFAST BURRITO BREAKFAST PASTRY/GRAIN  Fruit Juice Assorted Fruit

A school breakfast includes 4 items. To obtain the meal pricing, students must choose at least 3 items. One item selected must be either a vegetable or fruit. Otherwise, a la carte pricing will apply on food items sold.



Student meal includes:  
Choose 2 Grains or  
1 Grain and 1 Meat  
Choose 1-2 Fruits  
Choose 1 Milk

A variety of fat free and low fat milk served daily; Lactose free milk available upon request  
Menu subject to change based on availability.

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**SCHOOL LUNCH MENU**  
September, 2017 Grades K-8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				PIZZA / CHEESE PIZZA CHICKEN SALAD W/CRACKERS  MIXED VEGETABLES FRESH VEGGIE PICK UPS W/ DIP
4	5	6	7	8
Labor Day Holiday  NO SCHOOL	BREADED CHICKEN SANDWICH MEXICAN PIZZA  BAKED BEANS STEAMED BROCCOLI	HOT DOG ON A BUN CHICKEN & CHEESE QUESADILLA  WHOLE KERNEL CORN FRESH GARDEN SALAD	SPAGHETTI W/ MEATSAUCE/ BREADSTICKS FISH SANDWICH SEASONED GREEN BEANS FRESH GARDEN SALAD	PIZZA / CHEESE PIZZA DELI SANDWICH  MIXED VEGGIES FRESH VEGGIE PICK UPS W/DIP
11	12	13	14	15
POPCORN CHICKEN W/ ROLL MEATBALL SUB  WHIPPED POTATOES GREEN PEAS	BBQ SANDWICH FISH STICKS OR STRIPS W/ROLL  SEASONED GREEN BEANS FRESH VEGGIE PICK UPS W/ DIP	TACO BAR- BEEF OR CHICKEN (CRISPY OR SOFT SHELLS) YOGURT BLAST  PINTO BEANS FRESH VEGGIE PICK UPS W/ DIP	CHICKEN ALFREDO PASTA W/ROLL CORN DOG  SEASONED CARROTS FRESH GARDEN SALAD	PROF. DEV. DAY  NO SCHOOL
18	19	20	21	22
CHICKEN BITES W/ ROLL BREADED CHEESE STICK W/MARINARA BAKED BEANS STEAMED BROCCOLI	CRISPITO W/ CHILI CHEESE PIZZA  WHOLE KERNEL CORN SEASONED GREEN BEANS	CHICKEN NACHOS BEEF & BEAN BURRITO  SEASONED GREEN BEANS FRESH GARDEN SALAD	CHICKEN ALFREDO PASTA W/ROLL FISH SANDWICH  STIR FRY VEGGIES FRESH GARDEN SALAD	PIZZA / CHEESE PIZZA DELI SANDWICH  BAKED FRIES FRESH VEGGIE PICK UPS W/ DIP
25	26	27	28	29
CORN DOG NUGGETS BREADED CHEESE STICK W/ MARINARA  BAKED BEANS CALIFORNIA VEGGIES	BREADED CHICKEN SANDWICH HOT DOG ON A BUN  WHOLE KERNEL CORN SEASONED GREEN BEANS	NACHO SUPREME CHICKEN FAJITA WRAP  STEAMED BROCCOLI FRESH GARDEN SALAD	CHICKEN N' WAFFLES HOT HAM & CHEESE SANDWICH  OVEN BAKED POTATOES FRESH GARDEN SALAD	PIZZA/CHEESE PIZZA CHICKEN SALAD W/ CRACKERS  MIXED VEGGIES FRESH GARDEN SALAD

**AVAILABLE DAILY:**

A variety of fat free and low fat milk; Lactose free milk available upon request

An Assortment of Fresh Fruit and Chilled Fruit Cups

**Grab and Go Meals** offered daily such as Finger Delights, Deli Combo, Pre-made Salads and Yogurt Blast. Selections may vary each day.

A variety of a la carte items are available for purchase

Menu subject to change based on availability

A school lunch includes 5 different food components (items). To obtain the meal pricing, students must choose at least 3 of the 5 components. One item selected must be either a vegetable or fruit. Otherwise, a la carte pricing will apply on food items sold.

Municipal Schools

**Student meal includes:**

- Choose 1 Entrée
- Choose 1 Grain (if not included with entrée)
- Choose 1-2 Vegetables
- Choose 1 Fruit
- Choose 1 Milk

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**SCHOOL LUNCH MENU**  
September, 2017 Grades 9-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 SPICY CHICKEN SANDWICH FISH STICKS W/ MAC & CHEESE  BAKED BEANS STEAMED BROCCOLI
4	5	6	7	8
Labor Day Holiday  NO SCHOOL	HOT DOG CHICKEN & CHEESE QUESADILLA  BAKED BEANS STEAMED BROCCOLI	FISH SANDWICH CRISPITO W/CHILI  OVEN BAKED POTATOES CALIFORNIA BLEND VEGGIES	SPAGHETTI W/ MEATSAUCE/ BREADSTICKS BAKED CALZONE  WHOLE KERNEL CORN SEASONED GREEN BEANS	PIZZA / CHEESE PIZZA CHICKEN SALAD ON CROISSANT  OVEN BAKED POTATOES MIXED VEGGIES
11	12	13	14	15
CORN DOG NUGGETS SPICY BUFFALO NACHOS  OVEN BAKED POTATOES SEASONED CARROTS	MEATBALL SUB FISH STRIPS W/ HUSHPUPIES  SEASONED GREEN BEANS OVEN BAKED POTATOES	BBQ SANDWICH CHEESE PIZZA  BAKED BEANS VEGETABLE BLEND	TACO BAR- BEEF OR CHICKEN (CRISPY OR SOFT SHELLS) SPICY CHICKEN SANDWICH  CORN ON THE COB PINTO BEANS FROZEN FRUIT CUP	PROF. DEV. DAY  NO SCHOOL
18	19	20	21	22
BREADED CHICKEN SANDWICH SPAGHETTI & MEATBALLS W/ROLLS  OVEN BAKED POTATOES SEASONED GREEN BEANS	CRISPITO W/ CHILI FISH SANDWICH  OVEN BAKED POTATOES STEAMED BROCCOLI	MEXICAN PIZZA CHICKEN BITES W/ ROLL  OVEN BAKED POTATOES GREEN PEAS	HAMBURGERS HOT DOGS  BAKED BEANS CORN ON THE COB FROZEN FRUIT CUP	PIZZA / CHEESE PIZZA CHICKEN SALAD W. CROISSANT  OVEN BAKED POTATOES CALIFORNIA BLEND VEGGIES
25	26	27	28	29
MINI CORN NUGGETS CHICKEN PENNE PASTA W/ ROLL  OVEN BAKED POTATOES SEASONED GREEN BEANS	HOT HAM & CHEESE SANDWICH CHICKEN TENDERS W/ROLL HAMBURGERS  OVEN BAKED POTATOES MIXED VEGGIES BAKED APPLES	NACHO SUPREME CHICKEN FAJITA NACHOS W/RICE  WHOLE KERNEL CORN PINTO BEANS	CHEESE PIZZA FISH STICKS W/ROLL  OVEN BAKED POTATOES CALIFORNIA BLEND VEGGIES	SPICY CHICKEN SANDWICH FISH STICKS W/MAC & CHEESE  BAKED BEANS STEAMED BROCCOLI

**AVAILABLE DAILY:**

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Choose 1 Milk

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