



BREAKFAST

JANUARY 2018

Arlington Community Schools K-12

A school breakfast is composed of at least 4 items which include milk, grain and fruit/vegetable. To obtain the meal pricing, students must choose at least 3 of the items. One item selected A must be either 1/2 vegetable or fruit. Otherwise, a la carte pricing will apply on food items sold.,

Monday

Happy
New Year!!

1

Tuesday

Holiday Break

2

Wednesday

Holiday Break

3

Thursday

Chicken Biscuit
Assorted Cereal
Fruit Juice
Assorted Fruit

4

Friday

Pancakes
Assorted Cereal
Fruit Juice
Assorted Fruit

5

Pancake Sausage Bites
Pancake Sausage Wrap (HS only)
Assorted Cereal
Fruit Juice
Assorted Fruit

8

Sausage Biscuit
Assorted Cereal
Fruit Juice
Assorted Fruit

9

French Toast w/ Smokies
Assorted Cereal
Fruit Juice
Assorted Fruit

10

Chicken Biscuit
Assorted Cereal
Fruit Juice
Assorted Fruit

11

Pancakes
Assorted Cereal
Fruit Juice
Assorted Fruit

12

MLK
Holiday

15

Sausage Biscuit
Assorted Cereal
Fruit Juice
Assorted Fruit

16

French Toast w/ Smokies
Assorted Cereal
Fruit Juice
Assorted Fruit

17

Chicken Biscuit
Assorted Cereal
Fruit Juice
Assorted Fruit

18

Pancakes
Assorted Cereal
Fruit Juice
Assorted Fruit

19

Pancake Sausage Bites
Pancake Sausage Wrap (HS only)
Assorted Cereal
Fruit Juice
Assorted Fruit

22

Sausage Biscuit
Assorted Cereal
Fruit Juice
Assorted Fruit

23

French Toast w/ Smokies
Assorted Cereal
Fruit Juice
Assorted Fruit

24

Chicken Biscuit
Assorted Cereal
Fruit Juice
Assorted Fruit

25

Pancakes
Assorted Cereal
Fruit Juice
Assorted Fruit

26

Breakfast Cinnamon Roll
Assorted Cereal
Fruit Juice
Assorted Fruit

29

Sausage Biscuit
Assorted Cereal
Fruit Juice
Assorted Fruit

30

French Toast w/ Smokies
Assorted Cereal
Fruit Juice
Assorted Fruit

31

A variety of Cereal, Pop Tarts, Yogurt and String Cheese are available and selections may vary daily.

Variety of fat free and low-fat milk. Lactose milk available upon request.

Menu subject to change based on availability

This Institution is an equal opportunity provider.

MY SCHOOL BUCKS

PAY FOR MEALS ONLINE

MySchoolBucks.com



JANUARY 2018

Arlington Community Schools K-8

A school lunch includes 5 different food components(items). To obtain the meal pricing, students must choose at least 3 of the 5 components. One item selected must be either a vegetable or fruit. Otherwise, a la carte pricing will apply on food items sold.



Monday

Tuesday

Wednesday

Thursday

Friday

1
Happy
New Year!!!

2
Holiday Break

3
Holiday Break

4
Fish Sandwich
Spaghetti w/Roll
Green Beans
Corn

5
Pizza
Deli Sandwich
Oven Baked Fries
Seasoned Carrots

8
Corn Dog Nuggets
Cheese Sticks w/ Marinara
Seasoned Carrots
Broccoli

9
Meatball Sub
Fish Strips w/ Hushpuppies
Green Beans
Corn

10
Chicken Sandwich
Cheese Pizza
Oven Baked Potatoes
Fresh Baby Carrots

11
Taco Bar
(Crispy or Soft Shell)
Chicken Fajita
Taco Trimmings
Seasoned Rice
Pinto Beans

12
Pizza
Yogurt Blast
Oven Baked Fries
Mixed Veggies

15
MLK
Holiday!

16
Chicken Nuggets w/Roll
Cheese Pizza
Steamed Broccoli
Oven Baked Sweet Potatoes

17
Chicken Nachos
Beef & Bean Burrito
Green Beans
Fresh Garden Salad

18
Chicken & Waffles
Manager's Choice of Soup
w/Grain
Oven Baked Potatoes
Baked Apples

19
Pizza
Deli/Tuna or Chicken Salad
Sandwich
Baked Beans
Steamed Carrots

22
Corn Dog
Chicken Alfredo w/ Breadstick
Seasoned Carrots
Italian Vegetables

23
Crispitos w/Chili
Hotdog on a Bun
Corn
Fresh Garden Salad

24
Hamburger/ Cheeseburger
Breaded Chicken Leg w/ Roll
Whipped Potatoes
Green Peas

25
Fish Sticks w/Mac & Chees
Hot Dog
Baked Beans
Broccoli

26
Grilled Chicken Sandwich
Cheese Stick w/ Marinara
Green Peas
Seasoned Carrots

29
Popcorn Chicken w/ Roll
Turkey Burger
Corn on the Cob
Fresh Garden Salad

30
Fiesta Pizza
Manger's Choice of Soup w/
Grain
Oven Baked Fries
Veggies w/Dip

31
Hotdog on a Bun
Beef & Bean Burrito
Corn
Baby Carrots w/Dip

Variety of fat free and low-fat milk. Lactose free milk, available upon request.
An assortment of chilled fruit, fresh fruit and fresh salads available.
Menus subject to change based on availability
This Institution is an equal opportunity provider





JANUARY 2018

Arlington Community Schools 9-12

A school lunch includes 5 different food components (items). To obtain the meal pricing, students must choose at least 3 of the 5 components. One item selected must be either a vegetable or fruit. Otherwise, a la carte pricing will apply on food items sold.

Monday

Tuesday

Wednesday

Thursday

Friday

Happy
New Year!!!

Holiday Break

Holiday Break

Breaded Cheese Stick
w/Marinara
Chicken Sandwich
Oven Baked Potatoes
California Blend Veggie
Fresh Romaine Salad

Fish Sandwich
Pizza
Oven Baked Potatoes
Mixed Veggie

Chicken Bites w/ Roll
Cheeseburger
Oven Bake Potatoes
Broccoli
Baby Carrots w/Dip

Taco Bar (Crispy or Soft Shell)
w/ Mexican Rice
Chicken Fajita
Pinto Beans
Corn

Crispitos w/Chili
Calzone
Baked Sweet Potatoes
Green Beans

Fish Sandwich
Chicken & Cheese Quesadilla
Oven Bake Potatoes
Corn on Cob
Fresh Romaine Salad

Deli Sandwich
Pizza
Oven Baked Potatoes
Fresh Veggie w/Dip
Fresh Garden Salad

MLK
Holiday!

Spicy Chicken Sandwich
Beef & Bean Burrito
Corn
Green Beans

Cheeseburger
Baked Chicken w/Roll
Whipped Potatoes
Green Peas

Chicken & Waffles
Manager's Choice of Soup
w/Grain
Oven Baked Potatoes
Baked Apples

Fish Sandwich
Pizza
Oven Baked Potatoes
Mixed Veggie

Chicken Tenders w/ Roll
Cheeseburger
Baked Sweet Potatoes
California Blend Veggies

Corn Dog Nuggets
Meatball Sub
Seasoned Carrots
Corn

Crispitos w/Chili
Calzone
Baked Sweet Potatoes
Green Beans

Breaded Cheese Stick
w/Marinara
Chicken Sandwich
Oven Baked Potatoes
California Blend Veggie
Fresh Romaine Salad

Deli Sandwich
Pizza
Oven Baked Potatoes
Fresh Veggie w/Dip
Fresh Garden Salad

Corn Dog
Chicken Alfredo w/Breadstick
Mixed Veggies
Fresh Baby Carrots w/Dip
Fresh Garden Salad

Spicy Chicken Sandwich
Soup of Choice w/ Toast
Oven Baked Potatoes
Fresh Romaine Salad

Hot Dog
Fish Sticks w Mac & Cheese
Baked Beans
Broccoli

Variety of fat free and low-fat milk. Lactose free milk, available upon request.

An assortment of chilled fruit, fresh fruit and fresh salads available.

Menu subject to change based upon availability

This Institution is an equal opportunity provider.

