



BREAKFAST

DECEMBER 2017

Arlington Community Schools K-12

A school breakfast is composed of at least 4 items which include milk, grain and fruit/vegetable. To obtain the meal pricing, students must choose at least 3 of the items. One item selected must be either 1/2 vegetable or fruit. Otherwise, a la carte pricing will apply on food items sold.

Monday

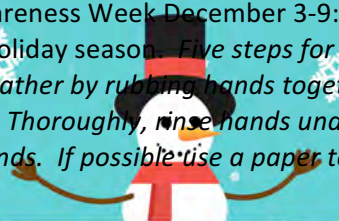
Tuesday

Wednesday

Thursday

Friday

National Handwashing Awareness Week December 3-9: To prevent colds from spreading to others, practice regular hand washing during this holiday season. *Five steps for proper hand washing:* 1.) Wet your hands with clean warm water-and apply soap. 2.) Lather by rubbing hands together covering all surfaces. 3.) Continue rubbing hands together 15-20 seconds. 4.) Thoroughly, rinse hands under running water removing all residual germs. 5.) Use paper towel or air dryer to dry hands. If possible, use a paper towel to turn off the faucet.



Have a happy and germ free holiday!!

Breakfast Pizza
Fruit Juice
Assorted Fruit

4

French Toast w/Smokies
Fruit Juice
Assorted Fruit

5

Sausage Biscuit
Fruit Juice
Assorted Fruit

6

Pancake Sausage Bites
Pancake Sausage Wrap (HS only)
Fruit Juice
Assorted Fruit

7

Chicken Biscuit
Fruit Juice
Assorted Fruit

8

Egg & Cheese Sandwich
Fruit Juice
Assorted Fruit

11

French Toast w/Smokies
Fruit Juice
Assorted Fruit

12

Sausage Biscuit
Fruit Juice
Assorted Fruit

13

Pancake Sausage Bites
Pancake Sausage Wrap (HS only)
Fruit Juice
Assorted Fruit

14

Chicken Biscuit
Fruit Juice
Assorted Fruit

15

Breakfast Pizza
Fruit Juice
Assorted Fruit

18

French Toast w/Smokies
Fruit Juice
Assorted Fruit

19

Half Day
Manager's Choice
Fruit Juice
Assorted Fruit

20

Winter Break!

21

Winter Break!

22

Happy
Holidays!

25

Winter Break!

26

Winter Break!

27

Winter Break!

28

Winter Break!

29

Daily Offerings: Variety of fat free and low fat milk available. Lactose free milk, available upon request.

Assortment of fresh fruit and chilled fruit cups.

Menus subject to change based on availability

This Institution is an equal opportunity provider.

MY SCHOOL BUCKS

PAY FOR MEALS ONLINE

MySchoolBucks.com



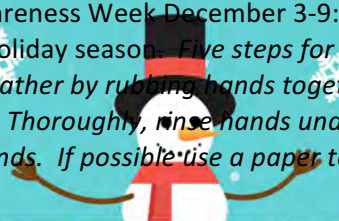
DECEMBER 2017

Arlington Community Schools K-8

A school lunch includes 5 different food components (items). To obtain the meal pricing, students must choose at least 3 of the 5 components. One item selected must be either a vegetable or fruit. Otherwise, a la carte pricing will apply on food items sold.

Monday	Tuesday	Wednesday	Thursday	Friday
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National Handwashing Awareness Week December 3-9: To prevent colds from spreading to others, practice regular hand washing during this holiday season. *Five steps for proper hand washing:* 1.) Wet your hands with clean warm water-and apply soap. 2.) Lather by rubbing hands together covering all surfaces. 3.) Continue rubbing hands together 15-20 seconds. 4.) Thoroughly, rinse hands under running water removing all residual germs. 5.) Use paper towel or air dryer to dry hands. If possible, use a paper towel to turn off the faucet.



Have a happy and germ free holiday!!

<p>4</p> <p>Corn Dog Nuggets Cheese Sticks w/Marinara Seasons Carrots Broccoli</p>	<p>5</p> <p>Meatball Sub Fish Strips w/Hushpuppies Seasoned Green Beans Corn</p>	<p>6</p> <p>Breaded Chicken Sandwich Cheese Pizza Oven Baked Potatoes Fresh Baby Carrots w/Dip</p>	<p>7</p> <p>Taco Bar: Beef or Chicken (Crispy or Soft Shell) Cheesy Nachos: Beef or Chicken Pinto Beans California Blend Veggies</p>	<p>1</p> <p>Pizza/Cheese Pizza Deli Sandwich Oven Baked Fries Mixed Veggies</p>
<p>11</p> <p>Spaghetti w/Meatballs Baked Calzone Green Beans Fresh Baby Carrots w/Dip</p>	<p>12</p> <p>Hot Dog on Bun Crispito w/ Chili Corn Fresh Garden Salad</p>	<p>13</p> <p>Hamburger/Cheeseburger Popcorn Chicken w/Roll Whipped Potatoes Steamed Broccoli</p>	<p>14</p> <p>Patty Melt Chicken & Waffles Oven Baked Fries Mixed Veggies</p>	<p>8</p> <p>Pizza Chicken Bites w/Roll Oven Baked Potatoes Corn on the Cob</p>
<p>18</p> <p>Corn Dog Chicken Alfredo w/Roll Broccoli Corn</p>	<p>19</p> <p>Chicken Nuggets w/Roll Manager's Choice of Entrée Oven Baked Potatoes Fresh Garden Salad</p>	<p>20</p> <p>Schools Close ½ Day! No Lunch Served</p>	<p>21</p> <p>Winter Break!</p>	<p>15</p> <p>Pizza Deli Sandwich Oven Baked Potatoes Fresh Garden Salad</p>
<p>25</p> <p>Happy Holidays!</p>	<p>26</p> <p>Winter Break!</p>	<p>27</p> <p>Winter Break!</p>	<p>28</p> <p>Winter Break!</p>	<p>22</p> <p>Winter Break!</p>
	<p>29</p> <p>Winter Break!</p>			

Daily Offerings: Variety of fat free and low fat milk. Lactose free milk, available upon request.
Assortment of fresh fruit and chilled fruit cups.
Menus subject to change based on availability
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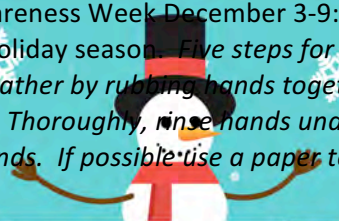
DECEMBER 2017

Arlington Community Schools 9-12

A school lunch includes 5 different food components (items). To obtain the meal pricing, students must choose at least 3 of the 5 components. One item selected must be either a vegetable or fruit. Otherwise, a la carte pricing will apply on food items sold. ©1

Monday **Tuesday** **Wednesday** **Thursday** **Friday**

National Handwashing Awareness Week December 3-9: To prevent colds from spreading to others, practice regular hand washing during this holiday season. *Five steps for proper hand washing:* 1.) Wet your hands with clean warm water-and apply soap. 2.) Lather by rubbing hands together covering all surfaces. 3.) Continue rubbing hands together 15-20 seconds. 4.) Thoroughly, rinse hands under running water removing all residual germs. 5.) Use paper towel or air dryer to dry hands. If possible, use a paper towel to turn off the faucet.



Have a happy and germ free holiday!!

<p>4</p> <p>Chicken Bites w/Roll Hamburger/Cheeseburger Oven Baked Potatoes Steamed Broccoli</p>	<p>5</p> <p>Hot Ham & Cheese Sandwich Buffalo Chicken Nachos Corn California Blend Veggies</p>	<p>6</p> <p>Crispitos w/Chili Cheese Baked Calzone Oven Baked Potatoes Seasoned Green Beans</p>	<p>7</p> <p>Fish Sandwich Chicken & Cheese Quesadilla Oven Baked Potatoes Corn on the Cob</p>	<p>1</p> <p>Pizza Deli Sandwich Oven Baked Potatoes Romaine Garden Salad</p>
<p>11</p> <p>Bacon Cheeseburger Corn Dog Nuggets Oven Baked Potatoes Mixed Veggies</p>	<p>12</p> <p>Spicy Chicken Sandwich Beef & Bean Burrito Corn Green Beans</p>	<p>13</p> <p>Nachos Supreme Chicken Fajita Nachos Pinto Beans Broccoli</p>	<p>14</p> <p>Hot Ham & Cheese Sandwich Chicken & Waffles Oven Baked Potatoes Baked Apples</p>	<p>8</p> <p>Pizza Deli Sandwich Oven Baked Potatoes Romaine Garden Salad</p>
<p>18</p> <p>Chicken Tenders w/Roll Hamburger/Cheeseburger Oven Baked Potatoes California Blend Veggies</p>	<p>19</p> <p>Corn Dog Minis (Manager's Choice) Oven Baked Potatoes (Manager's Choice)</p>	<p>20</p> <p>School Close ½ Day No Lunch Served</p>	<p>21</p> <p>Winter Break</p>	<p>15</p> <p>Pizza Deli Sandwich Oven Baked Potatoes Romaine Garden Salad</p>
<p>25</p> <p>Happy Holidays!</p>	<p>26</p> <p>Winter Break</p>	<p>27</p> <p>Winter Break</p>	<p>28</p> <p>Winter Break</p>	<p>22</p> <p>Winter Break</p>
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